

December 2021

MON	TUE	WED	THU	FRI	SAT	SUN
		1 Water, Vitamins, and Gratitude Journaling Daily	2 Disconnect from Social Media	3 Request Vacation Time Off	4 Create Christmas List and Budget	5 Whiten Teeth, Facial Mask, and Hair Oil
6 Exercise	7 Send Holiday Cards	8 Exercise	9 Take Free Lifebook Masterclass	10 Exercise	11 Rest	12 Whiten Teeth, Facial Mask, and Hair Oil
13 Exercise	14 Therapy Session	15 Exercise	16 Rest	17 Exercise	18 Rest	19 Whiten Teeth, Facial Mask, and Hair Oil
20 Exercise	21 Rest	22 Exercise	23 Holiday Manicure & Pedicure, Eyebrows	24 Exercise	25 Christmas Day	26 Whiten Teeth, Facial Mask, and Hair Oil
27 Read Richest Man in Babylon	28 Create a 2022 Financial Budget	29 Rest	30 Organize and Purge Clothes	31 Celebrate		